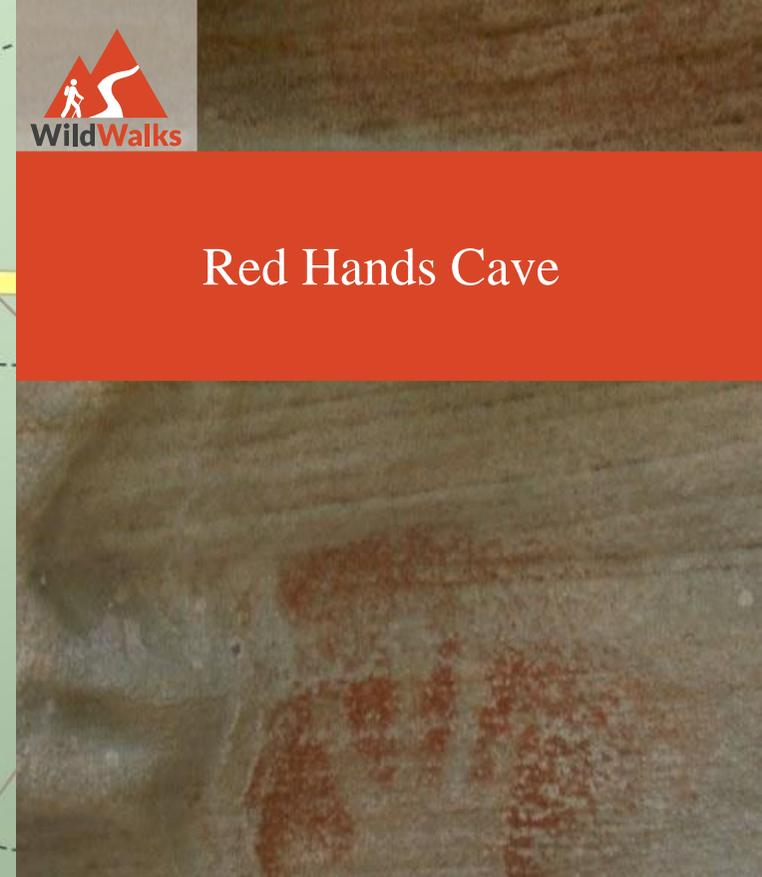


Red Hands Cave



30 mins

Moderate track



403 m Circuit

↑ 9m

This is a short walk down to Red Hands Cave from the Resolute Picnic Area. The walk loops from the picnic area through the heath and down to the overhang of the cave. The Aboriginal rock art is quite faded but is estimated to be over 2000 years old. This makes for an interesting historic walk, great as an appetiser before a picnic lunch at Resolute Picnic Area.

163m

170m

Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walk overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking.

Getting there Traveling by car is the only practical way to get to Resolute Picnic Area (gps: -33.5779, 151.3001). Car: A park entry fee is required for driving into the park.

This is a circuit, so you will finish back at the start.

Find up to date and more information including; travel directions, weather, park closures and walker feedback at <http://wild.tl/r>

0 | Resolute Picnic Area

Resolute picnic area, Ku-ring-gai Chase National Park, is a large grassed area with benches, shelter, interpretive signs, electric BBQ's and an environmentally-friendly toilet block. The picnic area does not have drinking water, but does have a pay phone and wheelchair-accessible bathroom with baby-changing area. Resolute picnic area is a great place for lunch, with Red Hands Cave, West Head and Resolute Beach and West Head Lookout tracks starting from the picnic area. The picnic area has adequate parking and a bus turn-around area.

0 | Resolute Picnic Area

(250 m 4 mins) From Resolute Picnic Area, this walk follow the signs for 'Red Hands Cave' away from the picnic area. The track heads down the sandy service trail for approximately 100m to the intersection marked by the sign on the left.

Turn left: From the intersection, this walk follows the sign to 'Red Hands Cave 0.85km' away from the service trail. The track heads slightly downhill before turning right. The track then drops down some stairs, passing around and down a rock shelf to continue to an overhanging rock - Red Hands Cave. The cave is fenced off and marked with informative signs.

0.25 | Red Hands Cave

Red Hands Cave, Ku-ring-gai Chase National Park, is a small rock overhang just near Resolute Picnic Area. The red hands are made by ochre, clay, being blown over an outspread hand. This Aboriginal rock art has been given an estimation of approximately 2000 years in age.

0.25 | Red Hands Cave

(150 m 3 mins) Continue straight: From Red Hands Cave, the walk heads up the slight hill keeping the rocky outcrop to the left of the track. The walk leads approximately 30m to a signposted intersection.

Continue straight: From the intersection, the walk heads along the rocky outcrop keeping it on the left as it heads up the stairs for approximately 30m into Resolute Picnic Area.

